

2 & 3 MARCH 2013, HEEZE

GOLD DIGGERS SEMINARS

**WITH MULTIPLE WORLD CHAMPIONS
FROM NEW ZEALAND**

CARL VAN ROON



MARK TROTTER

LEARN FROM CHAMPIONS

Carl van Roon and Mark Trotter learn you the small details, and give you new idea's.

By this I like you all to invite to follow the seminars from multiple World Champions Carl van Roon and Mark Trotter, both from New Zealand. I got the chance to work with them during my time in NZ. As you now all, if I invite somebody I'am quit sure that they can bring you new info and advice.



Seminars will be on Saturday 2 March and Sunday 3 March.
On both day's the material will be different, no repetition!

Programma:

Saturday: Kicking drills/pad work (bring your own pad) and Pattern for competition, Traditional Sparring.

Sunday: Speciale technique and sparring.

Carl van Roon and Mark Trotter give you new idea's in items as, Kicking drills, Pattern for competition, Traditional sparring, Speciale technique, Sparring.

Saturday 2 Maart

Hall open: 09.45 hour

Seminar: 10.00 - 12.00 hour

Lunch: 12.00 - 13.00 hour

Seminar: 13.00 - 15.00 hour

Sunday 3 Maart

Hall open: 09.45 hour

Seminar: 10.00 - 12.00 hour

Lunch: 12.00 - 13.00 hour

Seminar: 13.00 - 15.00 hour

Cost:

Saturday & Sunday (2 day's)

€ 60,00

Saturday (1 day)

€ 40,00

Sunday (1 day)

€ 40,00

After you payment you will get a ticket to enter the seminar.

It's only allowed for people from the organization to film and to make fotographs.

INSCRIPTION / PAYMENT

Inscription and payment through: Difesa - Willy van de Mortel

E.mail: willyvandemortel@onsbrabantnet.nl

Bank account number: 1290.06.548 Rabobank Mierlo

t.n.v. Difesa-Willy van de Mortel

Under "Seminar" and name and address

Info: Master Willy van de Mortel - 0621500360

LOCATION:

DE POMPENMAKER

Ten Borchwardplein 32

5591 ML Heeze

www.difesa-willyvandemortel.nl